



Lactation Education Accreditation and Approval Review Committee

2501 Aerial Center Pkwy, Suite 103
 Morrisville, North Carolina 27560 USA
 info@leaarc.org • www.leaarc.org

LEAARC Approved Courses

These courses are approved through the Lactation Education Accreditation and Approval Review Committee (LEAARC). LEAARC Approval is voluntary and provides a reliable indicator of educational quality to employers, insurers, counselors, educators, governmental officials, and the public, based on the fact that the education program adheres to established criteria and standards of the profession.

LEAARC serves in cooperation with the Commission on Accreditation of Allied Health Education Programs (CAAHEP) for official recognition of educational programs. LEAARC is sponsored by the International Lactation Consultant Association (ILCA) and the International Board of Lactation Consultant Examiners (IBLCE). CAAHEP, ILCA, and IBLCE cooperate to establish, maintain and promote appropriate standards of quality for educational programs in Lactation and Breastfeeding and to provide recognition for educational programs that meet or exceed the minimum standards.

A LEAARC Approved program meets the following criteria:

- The program has existed for more than one year and has been offered more than one time.
- The program offers a minimum of 45 contact hours and covers areas of the *IBLCE Exam Blueprint*.
- The primary faculty has been IBCLC certified for more than 5 years.

Click on title for course provider information.

Birthingway College of Midwifery	2
Breastfeeding Outlook.....	2
Breastfeeding Support Consultants (BSC).....	2
Bright Future Lactation Resource Centre Ltd. (BFLRC)	2
California State University, Northridge.....	3
Centre for Breastfeeding Education	3
County of Riverside Department of Public Health.....	3
Danish Committee for Health Education	4
Deborah Robertson, IBCLC.....	4
Diffusion Allaitement.....	4
Douglas College.....	4
Health e-Learning.....	5
Healthy Children Project, Inc.	5
The International Institute of Human Lactation, Inc. / L'Institut international de lactation humaine, Inc.	5
Lactation Education Consultants.....	6
Lactation Education Resources (45-hour course).....	6
Lactation Education Resources (90-hour course).....	6
Mohawk College of Applied Arts & Technology.....	6
Northwest Area Health Education Center	7
Portland Community College CLIMB Center for Advancement.....	7
University of California San Diego.....	7
Wichita State University School of Nursing	8

Birthingway College of Midwifery

Lactation Consultant Program (107 hours)
LEAARC Continuing Approval through June 30, 2017
Approval Number: CA06302017BCM

Contact:	Stacey Marshall	Phone:	503-760-3131
Address:	12113 SE Foster Rd	Fax:	503-760-3332
	Portland, Oregon 97266	Email:	stacey@birthingway.edu
	USA		

Birthingway's biodynamic model of care reflects the centrality of biological processes while remaining very woman-centered and individual. A biodynamic birth will be one with the least amount of intervention while still protecting the well-being of mother and baby. Taking the biodynamic model of birth to its natural next step, Birthingway's Lactation Program approaches breastfeeding support with the same emphasis on physiologic processes and low intervention. Our on-site program consists of 3 college semester credits with 45 contact hours and 90 hours of homework, including extensive reading, research, clinical observations, and case studies, covering all topics on the *IBLCE Exam Blueprint*.

Breastfeeding Outlook

Comprehensive Lactation Course: Mastering the Blueprint (90 hours)
LEAARC Initial Approval through December 14, 2014
Approval Number: AA12142014BO

Contact:	Marie Biancuzzo	Phone:	703-787-9894
Address:	PO Box 387	Fax:	703-787-9895
	Herndon, Virginia 20172	Email:	info@breastfeedingoutlook.com
	USA	Website:	www.breastfeedingoutlook.com

Breastfeeding Outlook is a global leader in providing the most up-to-date, cutting-edge, evidence-based information on breastfeeding and lactation. Suited for novices as well as experts, we enable nurses, WIC breastfeeding counselors, lactation consultants, dietitians, doulas, and other healthcare professionals to improve their daily practice in hospitals and clinics. For those seeking IBLCE certification, we provide the critical support they need through either our Comprehensive Lactation Course or our Lactation Exam Review. Those who wish to earn continuing education credits or broaden their knowledge base and hone their clinical skills will discover that our conveniently-packaged programs accommodate their busy lifestyle.

Breastfeeding Support Consultants (BSC)

Lactation Consultant Course (200 hours - distance learning)
LEAARC Continuing Approval through December 31, 2017
Approval Number: CA12312017BSC

Contact:	Pamela J. Allyn, RN, BSN, IBCLC	Phone:	630-547-5057
Address:	44 North Cornell	Email:	pallyn@bsccenter.org
	Villa Park, Illinois 60181	Website:	www.bsccenter.org
	USA		

BSC is the premier source for Education through Distance Learning. Since 1981, BSC continues to develop, update, and revise courses and curricula to aid in exam preparation, and meet the needs of those working in the field of lactation. BSC's comprehensive Lactation Consultant Course covers all areas of the *IBLCE Exam Blueprint* and helps prepare exam candidates. Course work includes readings and written assignments, role plays, counseling exercises, and learning activities. A wide variety of shorter courses are offered to strengthen knowledge base, improve areas of weakness, and to keep current with new research and changes in the work environment.

Bright Future Lactation Resource Centre Ltd. (BFLRC)

Lactation Management / Exam Preparation Course (45 hours)
LEAARC Continuing Approval through October 31, 2017
Approval Number: CA10312017BFLRC

Contact:	Linda J. Smith, BSE, FACCE, IBCLC	Phone:	937-438-9458
Address:	6540 Cedarview Court	Fax:	937-438-3229
	Dayton, Ohio 45459	Email:	Lindaj@bflrc.com
	USA	Website:	www.BFLRC.com

Presents a comprehensive presentation of the skills and knowledge needed for evidence-based professional lactation consultant practice. Increases the knowledge and skill of perinatal health professionals, and helps prepare candidates for the examination sponsored by the International Board of Lactation Consultant Examiners. Six full days of instruction conclude with an examination simulation to help identify strengths and gaps in skill and knowledge areas. Interactive activities, clinical slides and videos, and skill-building techniques create a uniquely warm and supportive learning environment. This course was the first lactation course designed on the *IBLCE Exam Blueprint*, and is the longest-running course of its kind.

California State University, Northridge

Lactation Education (45 hours)

LEAARC Initial Approval through November 30, 2014

Approval Number: AA11302014

Contact:	Merav Efrat	Phone:	818-677-7052
Address:	118111 Nordhoff Street	Fax:	818-667-2045
	Northridge, California 91330-8285	Email:	Merav.Efrat@csun.edu
	USA		

This course prepares health professionals and other interested individuals to become lactation educators. Participants will have the opportunity to develop the knowledge and skills needed to educate and support women in the community throughout the breastfeeding process. The *IBLCE Exam Blueprint* is a guide for the curriculum utilized in this course. Topics include: basic anatomy and physiology of lactation, maternal nutrition, strategies for addressing common barriers to initiating breastfeeding, cultural influence on breastfeeding, infant growth and development, effective counseling skills, breastfeeding techniques, hospital practices the support breastfeeding, common breastfeeding concerns and solutions, and breastfeeding devices and equipment.

Centre for Breastfeeding Education

Lactation Medicine Programme (102 hours)

LEAARC Continuing Approval through May 31, 2017

Approval Number: CA05312017CBE

Contact:	Carolina Crewe	Phone:	416-498-0002
Address:	1255 Sheppard Ave E	Fax:	416-498-0012
	Toronto, Ontario M2K 1E2	Email:	institute@drjacknewman.com
	CANADA	Website:	www.institute.nbci.ca

The Centre for Breastfeeding Education offers programs and educational courses for those wishing to become an IBCLC and all healthcare professionals working with breastfeeding dyads. We also provide continuing education for those who are already IBCLCs. Our faculty consists of a multi-disciplinary team who are specialized in their respective areas of lactation medicine. Our comprehensive training programs, which are based on current and evidence based research, include a didactic learning component and a practical component (a critical element of the Institute) that fosters a unique level of competency when caring for the breastfeeding dyad. Please visit our website for program descriptions.

County of Riverside Department of Public Health

Grow Our Own Lactation Consultant Program (105 hours)

LEAARC Initial Approval through December 14, 2014

Approval Number: AA12142014

Contact:	Laurie Haessly, MA, RD, IBCLC	Phone:	951-358-5153
Address:	4065 County Circle Drive, Suite 207	Fax:	951-358-5472
	Riverside, California 92503	Email:	donna.lhaessly@rivcocha.org
	USA	Website:	www.lovingupport.org/growourown

The Grow Our Own Lactation Consultant course is a 15 day, monthly or bi-monthly, 105 hour didactic lactation course which follows the *IBLCE Exam Blueprint*. Evidence based education is at a pace allowing for critical clinical experience, completion of assignments and course work. This course was birthed out of a need for more IBCLCs based in the Public Health setting including the WIC program. The Grow Our Own course offers a collaborative learning environment for WIC staff, Hospital RNs, La Leche League Leaders and Community Health workers.

Danish Committee for Health Education

Interdisciplinary Breastfeeding Course (45.75 hours)

LEAARC Initial Approval through February 28, 2013

Approval Number: AA02282013

Contact:	Ingrid Nilsson	Phone:	+45-35-26-5400
Address:	Classensgade 71, 5 th Floor	Fax:	+45-35-43-0213
	Copenhagen, Denmark 2100	Email:	in@sundkom.dk

Deborah Robertson, IBCLC

Breastfeeding Specialist Course (120 hours)

LEAARC Initial Approval through September 30, 2013

Approval Number: AA09302013

Contact:	Deborah Robertson BEd (Hons), IBCLC	Phone:	+01-63-48-14275
Address:	34 Rochester Avenue, Rochester	Email:	deborahruk@yahoo.co.uk
	Kent ME1 2DW	Website:	www.breastfeedingspecialist.com
	UK		

This course comprises 12 days, one Saturday per month in London, done in any order and across one or more year. Teaching is a combination of lecture, game, video, discussion, handouts, practical demonstration, drama, case studies and skills practice, all linking theory to everyday work in lactation. We end with multiple choice questions on the day's topic, thus building exam-taking skills. Homework is set (consisting of reading from the set book, tests, reflective writing and preparing client or staff teaching material) which need to be submitted for assessment in the following month. 'Study buddying' is encouraged through our online group.

Diffusion Allaitement

Lactation humaine et allaitement maternel (90 heures)

LEAARC Initial Approval through March 1, 2015 [Approbation initial par L'AARC jusqu'au 1^{er} mars 2015]

Approval Number: AA03012015DA [Numéro d'approbation : AA03012015DA]

Contact/		Phone/	
Responsible :	Anne Charest	Téléphone :	418-681-6024
Address/	3-671, Avenue Joffre	Email/	
Adresse :	Québec, QuébecG1S 3L4	Courriel :	anne.charest@allaitement.net
	CANADA	Website/	
		Site Web :	www.allaitement.net

Les [formations professionnelles](#) s'adressent à vous qui œuvrez auprès des dyades allaitantes ou qui désirez devenir consultante en lactation IBCLC. Notre [syllabus](#) est basé sur les disciplines scientifiques de l'IBLCE, c'est-à-dire l'enseignement des compétences fondamentales nécessaires au démarrage de l'allaitement et qui favorisent l'autonomisation des dyades et de leurs familles.

Avec notre [équipe pluridisciplinaire](#), vous apprendrez la théorie et la pratique de l'alimentation optimale des jeunes enfants. Vous développerez une gestion de l'allaitement et de ses défis particuliers en vous basant sur l'état courant de la recherche. Vous établirez des liens entre science, travail et soutien efficaces des dyades.

Douglas College

Breastfeeding Course for Health Care Providers (73.75 hours)

LEAARC Initial Approval through February 28, 2014

Approval Number: AA02282014

Contact:	Kathie Lindstrom	Phone:	604-777-6529
Address:	P.O. Box 2503 – 700 Royal Avenue	Fax:	604-777-6498
	New Westminster, BC V3L 5B2	Email:	lindstromk@douglas.bc.ca
	CANADA		

This comprehensive course will give you the foundational skills you need to confidently support and empower families to reach their breastfeeding goals. You will learn management of common breastfeeding concerns and

challenges, develop a well-round and evidence-based understanding of current optimal infant feeding practices, and be able to link theory to everyday work providing effective breastfeeding support.

Course outline: 39 classroom hours; 38 documented observational hours; text book and web site readings; group project and presentation; mid-term and final exams. This course is offered throughout British Columbia and other Canadian provinces. Credits are granted from many educational institutions. [Course Registration Form](#)

Health e-Learning

BreastEd Online Lactation Studies (120 hours - distance learning)

LEAARC Continuing Approval through June 30, 2017

Approval Number: CA06312017HEL

Contact:	Denise Fisher, MMidP, BN, IBCLC	Phone:	+61-427-853-368
Address:	PO Box 47, Kilcoy Queensland, 4515 AUSTRALIA	Fax:	+61-7-3105-7457
		Email:	admin@health-e-learning.com
		Website:	www.health-e-learning.com

Health e-Learning has been providing high quality online education since 1990. Studying our courses online you can interact with the course, your tutor and other students. Links to other quality websites, journal articles and online references help you to have a broad understanding of the topics, while case studies, videos and self-test quizzes keep you focused. The forums add an extra dimension to learning as the tutor draws your attention to new research, points of interest and more clinical case studies, while you ask questions and respond to questions. You'll be fully engaged learning online with Health e-Learning.

Healthy Children Project, Inc.

Lactation Counselor Certificate Training (45 hours)

LEAARC Continuing Approval through August 31, 2016

Approval Number: AA07312011HCP

Contact:	Vanessa Ford	Phone:	508-888-8044
Address:	327 Quaker Meeting House Road, E Sandwich, Massachusetts 02537 USA	Fax:	508-888-8050
		Email:	info@healthychildren.cc
		Website:	www.healthychildren.cc

Healthy Children's Center for Breastfeeding is the leader in lactation education through competency-based programs that are evidence-based, practical and comprehensive. This 45 L-CERP course prepares participants for professional work helping mothers and babies. Inherent in this training program is a counseling approach: this program trains participants how to gain insight into clients' problems, with a strong focus on counseling skills. Build your assessment skills, technical expertise and counseling skills in order to becoming a better lactation care practitioner.

The International Institute of Human Lactation, Inc. / L'Institut international de lactation humaine, Inc.

Lactation Education Program (119 hours)

LEAARC Initial Approval through April 30, 2015

Approval Number: IA04302015IIHL

Contact:	Carole Dobrich, RN, IBCLC	Phone:	514-894-7769
Address:	5764 Monkland Avenue, Suite 424 Montréal, Québec H4A 1E9 CANADA	Fax:	514-484-8723
		Email:	aussiecan@videotron.ca

The IIHL-IIHL was established to expand the original Montréal Institute for Lactation Consultants (MILC) lactation education program (founded in 2002) internationally. Our current program is offered in French and English, 2 – 4 times a year, consisting of 14 courses over 7 months (September to February) and a practice exam with review. In addition to lectures/discussion/case studies, there is opportunity for a clinical rotation at a tertiary level hospital-based breastfeeding clinic. Our instructors provide a comprehensive, evidence-based, overview, covering areas of the *IBLCE Exam Blueprint*, thereby preparing candidates with knowledge and skills to sit the exam, toward obtaining the IBCLC credential.

Lactation Education Consultants

Certified Lactation Specialist Course (46 hours)
LEAARC Continuing Approval through January 31, 2017
Approval Number: CA01312017LEC

Contact:	Jan Barger, RN, MA, IBCLC	Phone:	630-260-4847
Address:	618 N. Wheaton Avenue Wheaton, Illinois 60187 USA	Fax:	630-260-8879
		Email:	LECOffice@aol.com
		Website:	www.lactationeducationconsultants.com

This course is 46 CERPs, encompassing all areas of the *IBLCE Exam Blueprint*. It is a stepping stone to becoming an IBCLC. The goal is to prepare you to practice hands-on as a lactation specialist. You will learn how to assess, evaluate, counsel, and treat the breastfeeding dyad. These valuable clinical skills and exposure to current research on lactation will make you a desirable practitioner. Enjoy three instructors who come from varied work settings and who continue to work with mothers and babies. Various teaching methods, lots of clinical slides, and plenty of humor make the class day go quickly.

Lactation Education Resources (45-hour course)

The Lactation Consultant Training Program (45 hours)
LEAARC Continuing Approval through March 1, 2017
Approval Number: CA03012017LER

Contact:	Vergie Hughes, RN, MS, IBCLC	Phone:	703-868-1849
Address:	6320 Geona Road Tracys Landing, Maryland 20779 USA	Fax:	410-648-2570
		Email:	ProgramDirector@lactationtraining.com
		Website:	www.lactationtraining.com

This comprehensive lactation management course is taught by 20+ of the most experienced and committed lactation consultants, authors, researchers and educators. The course includes an in-depth discussion of all of the topics in the *IBLCE Exam Blueprint* as well as hands-on practice with clinical devices and techniques. Case studies enrich the understanding of didactic learning. Students meet for small group discussion with lactation consultants practicing in a variety of clinical practice settings for insight into actual work experience. This course has been in continuous operation since 1990 and has trained over 3,000 lactation consultants.

Lactation Education Resources (90-hour course)

The Lactation Consultant Training Program – Enriched (90 hours)
LEAARC Initial Approval through March 1, 2015
Approval Number: IA03012015LER

Contact:	Vergie Hughes, RN, MS, IBCLC	Phone:	703-868-1849
Address:	6320 Geona Road Tracys Landing, Maryland 20779 USA	Fax:	410-648-2570
		Email:	ProgramDirector@lactationtraining.com
		Website:	www.lactationtraining.com

Mohawk College of Applied Arts & Technology

Breastfeeding Program (88 hours – distance learning)
LEAARC Initial Approval through August 31, 2014
Approval Number: AA08312014

Contact:	Donna Dunlop	Phone:	905-540-4247 ext 26709
Address:	Institute of Applied Health Sciences 1400 Main St, W Hamilton, Ontario L8S 1C7 CANADA	Fax:	905-528-7706
		Email:	donna.dunlop@mohawkcollege.ca
		Website:	www.mohawkcollege.ca

This part time program offered by the Faculty of Continuing Education Health Sciences is designed to enhance the knowledge, skills and abilities of caregivers and individuals currently working with breastfeeding families. It incorporates information and care practices associated with healthy and problematic breastfeeding and a clinical practicum for application of breastfeeding knowledge and skills in both hospital and community settings. As of

September 2011, using the *IBLCE Exam Blueprint*, the program is being updated to three consecutive theory courses to meet revised IBLCE curriculum requirements for certification as a lactation consultant.

Northwest Area Health Education Center

North Carolina Lactation Educator Training Program (69 hours)

LEAARC Continuing Approval through April 30, 2017

Approval Number: CA04302017NAH

Contact:	Richard Etheridge	Phone:	336-713-7708
Address:	Medical Center Boulevard	Fax:	336-713-7701
	Winston-Salem, NC 27157-1060	Email:	retherid@wfubmc.edu
	USA	Website:	www.northwestahec.org

The North Carolina Educator Training Program is a collaboration between Forsyth Medical Center, the North Carolina Department of Health and Human Services (WIC) and Northwest Area Health Education Center. This is a seven-day course that targets healthcare professionals who work with breastfeeding mothers and offers the necessary knowledge and skills for providing basic breastfeeding management and support. These skills focus on basic prenatal and postpartum counseling and the management of common concerns and clinical problems. The interactive training involves five days of didactic sessions, two days of clinical rotations and an independent study assignment.

Portland Community College CLIMB Center for Advancement

Lactation Management in the 21st Century (45 hours)

LEAARC Initial Approval through April 30, 2014

Approval Number: AA04302014

Contact:	Bem Huynh	Phone:	971-722-6600
Address:	1626 SE Water Ave	Fax:	971-722-6632
	Portland, OR 97214	Email:	phuoc.huynh@pcc.edu
	USA	Website:	www.pcc.edu/climb/health

This comprehensive, evidence-based course is designed for health care professionals who want to improve their lactation skills, or for students who want to become lactation consultants. The entire course is offered twice each year and includes a combination of in-person instruction and distance learning. Class size is limited so that students can actively participate in a variety of educational activities, and skills assessments. Students that are not licensed/registered health professionals must complete prerequisite courses.

University of California San Diego, Extension

Certificate for Lactation Consultant (128 hours)

LEAARC Continuing Approval through November 30, 2012

Approval Number: CA11302017UCSD

Contact:	Nicole Mitchell	Phone:	858-964-1069
Address:	UCSD Extension Healthcare	Fax:	858-964-1018
	9500 Gilman Drive, 0170-E	Email:	nmitchell@ucsd.edu
	La Jolla, California, 92093	Website:	www.breastfeeding-education.com
	USA		

The UC San Diego Lactation Consultant Course is a model lactation consultant training program that meets the requirements of IBLCE. The program is a 3 part program including classroom didactic, homework, and clinical rotations. Please visit our website for complete information, pre-requisites, locations, and dates for the program.

Wichita State University School of Nursing

Human Lactation Program (45 hours - distance learning)

LEAARC Continuing Approval through May 31, 2017

Approval Number: CA05312017WSU

Contact: Jolynn A. Dowling, MSN, ARNP-NNP, IBCLC

Phone: 316-978-5717

Address: PO Box 41,

Fax: 316-978-3094

1845 Fairmount Street

Email: jolynn.dowling@wichita.edu

Wichita, Kansas 67260

Website: [http://webs.wichita.edu/?u=CHP_NURS&](http://webs.wichita.edu/?u=CHP_NURS&p=/HumanLactationOnline/index/)

USA

[p=/HumanLactationOnline/index/](http://webs.wichita.edu/?u=CHP_NURS&p=/HumanLactationOnline/index/)

N720 Human Lactation is a popular, long-standing, graduate online course offered by the Wichita State University School of Nursing. The course is taught by Jolynn A. Dowling; MSN, ARNP-NNP, IBCLC. This course is designed for health professionals with a minimum of two years clinical experience working with breastfeeding dyads who plan to take the IBLCE exam within the year, and those needing a refresher course for recertification. It confers 45 CERPs (40 L-CERPs and 5 E-CERPs) and 3 graduate credit hours from an accredited university. Undergraduates are admitted to the program on a case-by-case basis. All classes are on-line. This course requires instructor approval and student clearance for enrollment.