



Breastfeeding Courses Recognized by LEAARC

These courses received recognition through the Lactation Education Accreditation and Approval Review Committee (LEAARC). LEAARC Recognition is voluntary and provides a reliable indicator of educational quality to employers, insurers, counselors, educators, governmental officials, and the public, based on the fact that the course provider adheres to established criteria and standards of the profession. This recognition is for courses who stated mission is to prepare students as breastfeeding educators or counselors. These courses offer 40-89 hours and prepare students to educate families and provide anticipatory guidance, assistance, and support in the normal course of breastfeeding. The *Criteria for Breastfeeding Course Recognition* are posted on the LEAARC website.

LEAARC is sponsored by the International Lactation Consultant Association® (ILCA®) and the International Board of Lactation Consultant Examiners® (IBLCE®). LEAARC and its sponsors cooperate to establish, maintain and promote appropriate standards of quality for breastfeeding and lactation education and to provide recognition for programs and courses that meet or exceed the minimum criteria. In addition to granting course recognition, LEAARC also serves in cooperation with the Commission on Accreditation of Allied Health Education Programs (CAAHEP) for official recognition of academic lactation programs that meet IBLCE Pathway 2 criteria.

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California Advanced Lactation Institute

Lactation Education Specialist Training
45 hours
Recognized since December 1, 2017

Contact: Christine Staricka, NS, IBCLC, BL, CCE
Address: 7201 Noah Avenue
Bakersfield, California 93308 USA
Phone: 661-747-9195
Email: Christineibclc@outlook.com
Website: www.californiaadvancedlactationinstitute.com

California State University, Northridge

Lactation Education
45 hours
Recognized since November 30, 2011

Contact: Merav Efrat, Ed.D, MPH, IBCLC
Address: 18111 Nordhoff Street
Northridge, California 81330-8285, USA
Phone: 818-677-7052
Fax: 818-667-2045
Email: lactation.education@csun.edu
Website: www.CSUN.edu/lactation-education

This course provides students with the opportunity to develop the knowledge and skills needed to serve as lactation educators in the community. Topics covered in this course include: the history of infant feeding, promotion initiatives and epidemiological trends in breastfeeding, basic anatomy and physiology of human lactation, counseling skills, key concepts women need to know to successfully breastfeed, factors influencing breastfeeding initiation and duration rates, and the lactation educator's scope of practice.

California State University, Northridge

Lactation Education for Healthcare Professional
45 hours
Recognized since August 13, 2018

Contact: Merav Efrat, Ed.D, MPH, IBCLC
Address: 18111 Nordhoff Street
Northridge, California 81330-8285, USA
Phone: 818-677-7052
Fax: 818-667-2045
Email: lactation.education@csun.edu
Website: www.CSUN.edu/lactation-education

This course provides graduate students with the opportunity to learn and apply approaches used by public health professionals to promote breastfeeding in the community. Emphasis is on analyzing breastfeeding behavior using a social ecological model of thinking. Topics include epidemiological trends in breastfeeding, health outcomes associated with breastfeeding, social norms and cultural factors influencing breastfeeding, and key breastfeeding concepts. Skill development in breastfeeding promotion includes the lactation educator's scope of practice, counseling skills, application of theory to understand factors influencing breastfeeding behavior, and selection of strategies to influence breastfeeding behavior.

Comunidad De La Leche

Curso de Consejeros en Lactancia Materna
150 hours
Recognized since August 13, 2018

Contact: Paula Herrera
Address: Augusto Leguia Nte 85
Las Condes, Metropolitan Region, Chile
Phone: +56 9 3052 9091
Email: academia@deleche.com
Website: delalche.com

La Comunidad de la Leche was born in 2015 in response to the need for a group of women to learn more about the breastfeeding process and to acquire tools to support other mothers. Today as a corporation, their main mission is to promote and strengthen breastfeeding in Chile and Latin America, breaking down the geographical and socio-economic barriers that prevent access to timely information and support. La Comunidad de la Leche is a comprehensive educational program of 150 hours that offers technical training and interpersonal skills.

Global Lactation Education Associates, LLC.

Breastfeeding Educator Course
45 hours
Recognized since April 1, 2017

Contact: Angela L. Watkins, PhD, RD, LN, IBCLC
Address: 3940 Colinwood Lane
Raleigh, North Carolina, 27606, USA
Phone: 480-750-1599
Email: Amanda@lactationed.com
Website: www.lactationed.com
Website:

Lactation Education Consultants

Certified Lactation Specialist Course
45 hours
Recognized since March 1, 2005

Contact: Jan Barger, RN, MA, IBCLC
Address: 618 N. Wheaton Avenue
Wheaton, Illinois 60187, USA
Phone: 630-260-4847
Fax: 630-260-8879
Email: LECoffice@aol.com
Website: www.lactationeducationconsultants.com

This course is 46 CERPs, encompassing all areas of the IBCLC Exam Blueprint. It is a stepping stone to becoming an IBCLC. The goal is to prepare you to practice hands-on as a lactation specialist. You will learn how to assess, evaluate, counsel, and treat the breastfeeding dyad. These valuable clinical skills and exposure to current research on lactation will make you a desirable practitioner. Enjoy three instructors who come from varied work settings and also continue to work with mothers and babies. Various teaching methods, lots of clinical slides, and plenty of humor make the class day go quickly.

Lactation Education Resources

Core Lactation Consultant Course
54.5 hours - distance Learning
Recognized since March 1, 2005

Contact: Wendy Lawrence, LER Program Manager
Address: 712 Childs Point Road
Annapolis, Maryland 21401, USA
Phone: 443-203-8553
Fax: 410-648-2570
Email: Support@LactationTraining.com
Website: www.lactationtraining.com

This course is a basic lactation management course designed for those who want to explore the field of breastfeeding support or want a quick course to apply for employment. The Breastfeeding Specialist Certificate is awarded at the completion of this course.

Lactation Education Resources

Lactation Consultant Bridge Course
45 hours – distance learning
Recognized since March 1, 2016

Contact: Wendy Lawrence, LER Program Manager
Address: 712 Childs Point Road
Annapolis, Maryland 21401, USA
Phone: 443-203-8553
Fax: 410-648-2570
Email: Support@LactationTraining.com
Website: www.lactationtraining.com

This program is designed for students who already have taken a 45 credit comprehensive course and need an additional 45 hours to qualify for the IBCLC certification exam.

Northwest Area Health Education Center

North Carolina Lactation Educator Training Program
69 hours
Recognized since May 1, 2009

Contact: Mona Ketner
Address: Medical Center Boulevard
Winston-Salem, North Carolina 27157-1060, USA
Phone: 336-713-7730
Fax: 336-713-7701
Email: mketner@wakehealth.edu
Website: www.northwestahec.org

The North Carolina Educator Training Program is a collaboration between Forsyth Medical Center, the North Carolina Department of Health and Human Services (WIC), and Northwest Area Health Education Center. This is a seven-day course that targets healthcare professionals who work with breastfeeding mothers and offers the necessary knowledge and skills for providing basic breastfeeding management and support. These skills focus on basic prenatal and postpartum counseling and the management of common concerns and clinical problems. The interactive training involves five days of didactic sessions, two days of clinical rotations, and an independent study assignment.

Wichita State University School of Nursing.

Human Lactation Program
60 hours – distance learning
Recognized since March 1, 2006

Contact: Jolynn A. Dowling, MSN, ARNP-NNP, IBCLC
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Website:

M720 Human Lactation is a popular, long-standing, graduate online course offered by the Wichita State University School of Nursing. The course is taught by Jolyn A. Dowling, MSN, ARNP-NNP, IBCLC. This course is designed for health professionals with a minimum of two years clinical experience working with breastfeeding dads who plan to take the IBCLC exam within the year, and those needing a refresher course for recertification. It confers 60 CERPs and 4 graduate credit hours from an accredited university. Undergraduates are admitted to the program on a case-by-case basis. All classes are online and a scholarly paper/project is required. This course requires instructor approval and student clearance for enrollment.

<https://www.wichita.edu/?nursing&p=/humanlactation>